

Helping People Stay Healthy



**Know Me Support Me
Research Project**

Easy English

Link to video

Why we need this research



People with intellectual disability
can get sick more often



Sometimes they cannot tell other
people they feel unwell



Carers might not know when they need to help



We want to create a computer program



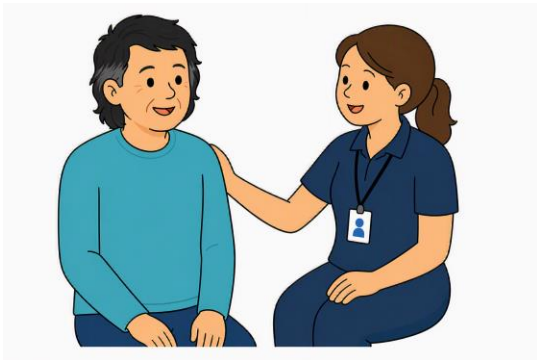
The computer program will tell carers when someone is unwell and needs help



The computer program will help health staff

- find out what is wrong
- help them know what to do

What we will do



We will talk to people with intellectual disability about their health



We will talk to carers about how they help people with their health



We will talk to health staff about who they work out health problems



We will talk to computer experts

They will help us make the computer program



We will work together to make a computer program called **EarlyCare AI**



AI is artificial intelligence

Computers are taught to think like people



EarlyCare AI will read a person's plans

It will ask questions to learn about the person



EarlyCare AI will link to smart watches to check how someone is going



EarlyCare AI will help carers think about body health



EarlyCare AI will help carers to think about mental health



EarlyCare AI will let carers know when a person needs help



EarlyCare AI will help health staff to know what is wrong and how to help



We will try **EarlyCare AI** with 100 adults with intellectual disability



They will live with people with disability or other families



We will try **EarlyCare AI** in lots of different places in Australia



We will see if **EarlyCare AI** makes it easier for people to have good health



Later we will see how **EarlyCare AI** can help children and older people with health



EarlyCare AI might help people like John



This is John

John has a sore head



John cannot tell Sally the carer about his sore head

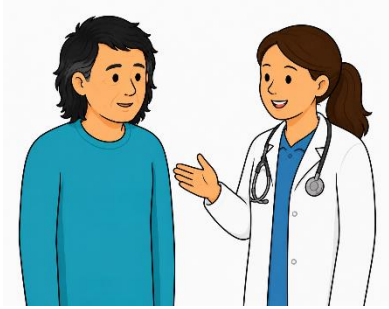


John throws his cup against the wall

Sally does not know what is wrong



Sally uses **EarlyCare AI** to think about what might be wrong



Sally can now support John to get help from a doctor



EarlyCare AI helps the doctor think about what is wrong and how to help

Who is doing the study



This research is led by Margo Barr at the University of New South Wales

The Australian Government is paying for this research

Who can take part



You can take part if you

- are an adult with intellectual disability
- want to share your ideas

Do I have to take part



Taking part is your choice

You can say **No**

Nothing bad will happen if you say no



Saying Yes means

- you understand the research
- you want to take part
- you know you can stop at any time



We will

- answer your questions
- ask you some questions about your ideas

What will I do?



If you take part

- we will ask you questions
- you will tell us your ideas

It will take about **15 minutes**

What is good about taking part?



This research may help people with intellectual disability

- get help sooner
- get better health care

What happens to my information



We will keep your information safe

We will not use your name



We will keep your information for **7 years**

We may use information from this research in future research

What happens after the research?



We will

- write reports
- share what we learn

We will never use your name

Can I stop?



You can stop at any time

Just tell us you want to stop

Who can I talk to?



You can contact Margo Barr

 02 9065 6041

 margo.barr@unsw.edu.au

Complaints



You can complain if needed:

 +61 2 9385 6222

 humanethics@unsw.edu.au

What might go wrong



Some questions might make you feel upset



You do not have to answer any
question you do not want to answer

Our research team



Our research team has

- health staff
- people with intellectual disability
- carers
- computer experts

What is good about our research?



Our research will make it easier for carers to know when people with intellectual disability need health care



Our research will make it easier for health staff to give people the right health care



The right health care will keep people safe and well



The right health care will save time
and money